

## PE Teacher

### What is it?

A PE Teacher helps students develop physical fitness, teamwork and confidence through sport and physical activity. They teach a wide range of sports and activities, encourage healthy lifestyles, and support students' physical and mental wellbeing. PE Teachers play an important role in promoting lifelong fitness and positive attitudes to health.

### Qualifications/Experience Required:

To become a PE Teacher in the UK, you need to gain **Qualified Teacher Status (QTS)**. This usually involves:

Completing a degree (often in sport, physical education or a related subject).

Following this with a **PGCE** in Secondary Physical Education or completing a school-based teacher training route or teaching degree apprenticeship. Strong GCSEs (including English and maths) and A levels are required.

### Type of person who may be suited to this job:

- Enthusiastic about sport and physical activity.
- Confident and motivating.
- Good communication and leadership skills.
- Patient and supportive with young people.
- Organised and able to manage groups safely.

### What the Work Involves:

- Planning and delivering PE lessons across a range of sports.
- Coaching students in skills, fitness and teamwork.
- Assessing students' progress and achievements.
- Organising fixtures, competitions and sports events.
- Promoting health, wellbeing and safe participation in sport.
- Supporting extracurricular clubs and school teams.

### Money/Wage Guide:

- **Starting Salary: £30,000-main pay scale**
- **Experienced Salary: £46,000+ (upper pay scale)**

### Related Opportunities:

- **Sports Coach**
- **School Sports Coordinator**
- **Outdoor Education Instructor**
- **Youth Worker**

### Future Prospects – Labour Market Information:

PE Teachers are needed in schools across the UK. With experience, you could progress to roles such as **Head of PE, Head of Year, or Senior Leader**.

### Typical weekly hours – 37 to 40 hours per week.

*Extra time is often needed for fixtures, clubs, training and school events. Holidays follow the school calendar.*

### Further Information:

<https://nationalcareers.service.gov.uk/job-profiles/physical-education-teacher>

<https://getintoteaching.education.gov.uk>