

Year	Autumn	Spring	Summer
10	<ul style="list-style-type: none"> <li>• Human lifespan</li> <li>• Infancy, Early childhood, Adolescence, Early Adulthood, Middle Adulthood, Later Adulthood.</li> <li>• Physical, Intellectual, Emotional and Social (PIES) development through the human lifespan</li> <li>• Physical factors affecting health and well-being including ill health, diet, exercise, substance misuse and personal hygiene.</li> <li>• Social, cultural and emotional factors influencing health and well-being including interactions, stress and willingness to seek help.</li> <li>• The impact of lifestyle on health and well-being.</li> <li>• Economic factors affecting health and well-being including financial resources.</li> </ul>	<ul style="list-style-type: none"> <li>• Sources of support to cope with life events.</li> <li>• Adapting to life events.</li> <li>• Application of knowledge of PIES development and factors influencing development to a real-life case study.</li> <li>• Application of the effects of a life event and how to adapt to a life event to a case study.</li> <li>• Completion of coursework assignment one.</li> </ul>	<ul style="list-style-type: none"> <li>• Types of health care services.</li> <li>• Types of social care services.</li> <li>• Health care services including primary, secondary, and allied health care.</li> <li>• Social care services including services for children and young people, services for older adults and services for individuals with specific needs.</li> <li>• Barriers to accessing services, including physical, sensory, social, cultural, psychological, language, geographical, intellectual, resource and financial barriers.</li> <li>• Overcoming barriers to accessing services.</li> </ul>

	<ul style="list-style-type: none"> <li>• Environmental factors affecting health and well-being including pollution and housing.</li> <li>• The impact of life events on Development.</li> </ul>		
11	<ul style="list-style-type: none"> <li>• Care values including dignity, respect, confidentiality, communication, safeguarding and duty of care, anti-discriminatory practice and empowerment and independence.</li> <li>• The use of health and social care services to meet the specific needs of a given individual.</li> <li>• The use of care values to provide appropriate care to a specific individual.</li> <li>• Completion of coursework assignment two.</li> </ul>	<ul style="list-style-type: none"> <li>• Factors affecting health and well-being including physical, social, cultural, economic and environmental.</li> <li>• Physiological indicators of health (pulse rate, peak flow, blood pressure and body mass index) including interpreting data and the significance of abnormal readings.</li> <li>• Interpreting lifestyle indicators of health including the significance of abnormal readings and national guidelines.</li> <li>• Health and well-being plans, including short-term and long-term targets and sources of support.</li> </ul>	<ul style="list-style-type: none"> <li>• Obstacles to achieving health improvement plans, including emotional, time constraints, availability of resources, lack of support and individual needs.</li> <li>• Application of factors affecting health, measuring health and health improvement planning to a specific individual.</li> </ul>

## Curriculum Overview – Health and Social Care- Hermitage.