



Hermitage
Academy

WELCOME TO YEAR 7

Welcome...

We're delighted to have you join us as a student here at Hermitage Academy. Our school vision is simple: we want you to enjoy coming to school each day, learn lots along the way and leave here with many happy memories. We know the transition from primary to secondary can sometimes be daunting, but we're here to help you every step along the way. We're super excited to meet you and learn more about what you will bring to the Hermitage school community!

Mrs Maughan, Head of School

Meet the Transition Team!



Mr Dolen
Year Manager



Miss Howard
KS3 Head of Achievement



Mrs Bulmer
Transition Lead



Mrs O'Carroll
Pastoral



Miss Richardson
Pastoral



Mrs Pritchard
SENDCo

Who?	What do they do in school?
Mr Dolen	Will keep a check on your behaviour and attendance
Mrs Howard	Will look at your progress in your subjects and support you to achieve your best
Mrs Bulmer	Is here to make sure your move from primary to secondary school is as smooth as possible
Mrs O'Carroll and Miss Richardson	They will help you if you have problems with things at home or worries whilst at school
Mrs Pritchard	Looks at offering students additional academic support in class.

Form tutors

Your form tutor will be the teacher who will see you at the start of every school day. They will check your uniform and equipment each morning and make sure you are ready for the day ahead.

You will be given the name of your form tutor before you attend the transition days here at Hermitage Academy. This information will be sent to your primary school.

KS3 Head of Achievement	Mrs Howard
Year Manager	Mr Dolen

Form group	Form Tutor	Location
7H1	Mrs Davidson / Miss Webster	English
7H2	Mr Lloyd	Science
7H3	Miss Wright	ICT
7H4	Miss Gillin / Mr Widdowson	Music
7A1	Mrs Dewell / Mrs Burn	English
7A2	Mrs Christie / Miss Simblet	English
7A3	Mr Martin	Humanities

The transition staff (on the previous page) and your form tutors will ensure that you are happy, safe and ready to take on your new and exciting chapter!

The school day

You are expected to be on school premises by 08:25 every day. Each day will begin with your form group and form tutor, where you will check that you are ready for the day ahead, hear important messages and find out about events happening in the week ahead. Across the week, in form time, you will complete: World Ready, Reading, Careers and attend an assembly.

You will then attend five lessons across the day, broken up with a morning break and a lunch break. Every Monday, we have slightly different timings to the school day, to include an extended form period.

Mondays (both Week 1 and Week 2)	
Extended form (World Ready)	08:30 - 09:15
Lesson 1	09:15 – 10:10
Lesson 2	10:10 – 11:05
Break	11:05 – 11:25
Lesson 3	11:25 – 12:25
Lunch	12:25 – 13:05
Lesson 4	13:05 – 14:05
Lesson 5	14:05 – 15:00

Tuesday – Friday (both Week 1 and Week 2)	
Form time	08:30 – 08:50
Lesson 1	08:50 – 09:50
Lesson 2	09:50 – 10:50
Break	10:50 – 11:10
Lesson 3	11:10 – 12:15
Lunch	12:15 – 12:55
Lesson 4	12:55 – 14:00
Lesson 5	14:00 – 15:00

We run on a two-week timetable (Week 1 and 2) made up of 25 lessons each week. Your form group however will stay the same across the year, but in your subject lessons, you will be placed in a group suited to your academic ability.

Weekly Lessons

In Year 7, most students' timetables consist of the following lessons, although some students receive extra support in Maths and English.

Subjects	
English	History
Maths	Geography
Science	ICT
Art	PE
Technology	Spanish
RE	Music
Drama	World Ready (in extended form)

Equipment

It is incredibly important that you come to school equipped for the day, and unlike Primary school, you have to bring this yourself! It is **compulsory** for students to carry a pencil case with the following equipment:

- 2 black pens
- 2 green pens
- 2 pencils
- 1 ruler
- 1 eraser
- 2 highlighters
- 1 glue stick
- 1 scientific calculator – we recommend the CASIO FX-85GTCW

You will also need to bring a bag every day, **large enough to carry an A4 size file (for homework)/exercise book and PE kit.**

Form Tutors will check that you have these items every day and you will be flagged if you don't, which could lead to a sanction. Our Library has items that you can purchase, if something breaks or runs out.

Menu 2026-27

Students will have access to hot meals in the Dining Hall, as well as a range of sandwiches and salad options. The Main Hall offers our 'Grab & Go' food.

The cost will be £2.80 for a school meal. This price will be subject to review in the Autumn term due to anticipated inflation costs.

We work on a rota system throughout the year, where year groups take turns to go to the dining hall first.

LUNCH MENU - WEEK 1					
	MON	TUE	WED	THU	FRI
Traditional main	CHINESE CHICKEN NOODLES	HOMEMADE SAUSAGE ROLL	ROAST CHICKEN OR CUMBERLAND SAUSAGE DINNER	COTTAGE PIE	CRISPY CHICKEN AND CHIPS
Vegetarian option	CHEESE AND ONION PASTY	QUORN CHILLI TACOS	QUORN SAUSAGE DINNER	JACKET POTATO WITH VARIOUS FILLINGS	SPICY BEAN BURGER
Grab & Go	PEPPERONI PANINI MARGHERITA PANINI SPICY MEATBALL PASTA RUSTIC TOMATO PASTA	CHICKEN WRAP CHICKEN AND BACON PASTA TOMATO & BASIL PASTA	BBQ CHEESE AND BACON PANINI MARGHERITA PANINI CHICKEN KORMA CURRY & RICE	CHICKEN WRAP BEEF BOLOGNESE PASTA SPICY TOMATO PASTA	CHICKEN PIZZINI MARGHERITA PIZZINI CHIPS WITH CURRY SAUCE, BEANS, CHEESE OR GRAVY
Dessert	APPLE CRUMBLE AND CUSTARD	GINGER CAKE AND CUSTARD	CHOCOLATE CRUNCH WITH CUSTARD	RICE PUDDING WITH PEACH SLICES	FRESH FRUIT SALAD

LUNCH MENU - WEEK 2					
	MON	TUE	WED	THU	FRI
Traditional main	CHICKEN KORMA CURRY	SAUSAGE AND MASH WITH ONION GRAVY	ROAST CHICKEN OR BACON CHOP DINNER	BEEF CHILLI AND RICE	BEEF BURGER AND CHIPS
Vegetarian option	JACKET POTATOES WITH CHEESE	VEGETABLE SPRING ROLL WITH CURRY NOODLES	QUORN SAUSAGE DINNER	HOMEMADE CHEESE AND ONION TART	VEGAN NUGGETS WITH CHIPS
Grab & Go	PEPPERONI PANINI MARGHERITA PANINI SPICY MEATBALL PASTA RUSTIC TOMATO PASTA	CHICKEN WRAP CHICKEN AND BACON PASTA TOMATO & BASIL PASTA	BBQ CHEESE AND BACON PANINI MARGHERITA PANINI CHICKEN KORMA CURRY & RICE	CHICKEN WRAP BEEF BOLOGNESE PASTA SPICY TOMATO PASTA	CHICKEN PIZZINI MARGHERITA PIZZINI CHIPS WITH CURRY SAUCE, BEANS, CHEESE OR GRAVY
Dessert	APPLE AND BLACKBERRY CRUMBLE	CHOCOLATE ORANGE CAKE WITH CUSTARD	STICKY DATE PUDDING WITH TOFFEE SAUCE	HOMEMADE FLAPJACK WITH CUSTARD	FRESH FRUIT SALAD

LUNCH MENU - WEEK 3					
	MON	TUE	WED	THU	FRI
Traditional main	MINCED BEEF AND DUMPLINGS	CHICKEN TIKKA MASALA CURRY WITH RICE	ROAST CHICKEN OR BRAISED BEEF DINNER	CORNED BEEF PIE	CRISPY FISH AND CHIPS
Vegetarian option	JACKET POTATO WITH CHEESE AND BEANS	MACARONI CHEESE	QUORN SAUSAGE DINNER	BREADED QUORN NUGGETS WITH SPICY WEDGES	MARGHERITA PIZZA AND CHIPS
Grab & Go	PEPPERONI PANINI MARGHERITA PANINI SPICY MEATBALL PASTA RUSTIC TOMATO PASTA	CHICKEN WRAP CHICKEN AND BACON PASTA TOMATO & BASIL PASTA	BBQ CHEESE AND BACON PANINI MARGHERITA PANINI CHICKEN KORMA CURRY & RICE	CHICKEN WRAP BEEF BOLOGNESE PASTA SPICY TOMATO PASTA	CHICKEN PIZZINI MARGHERITA PIZZINI CHIPS WITH CURRY SAUCE, BEANS, CHEESE OR GRAVY
Dessert	TOFFEE APPLE CRUMBLE WITH CUSTARD	CHOCOLATE CRUNCH WITH CUSTARD	STEAMED SYRUP SPONGE WITH CUSTARD	CORNFLAKE TART WITH CUSTARD	FRESH FRUIT SALAD

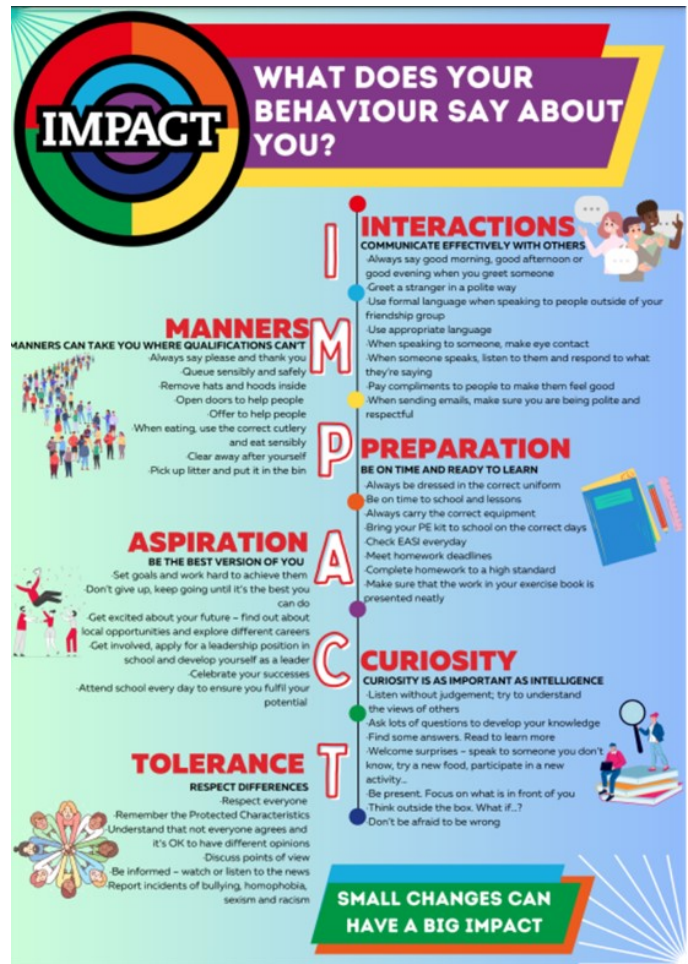
IMPACT

When in school we always want you to do your best. In school we will expect you to follow the IMPACT code of conduct.

These posters will be visible around school, outlining six areas to consider every day.

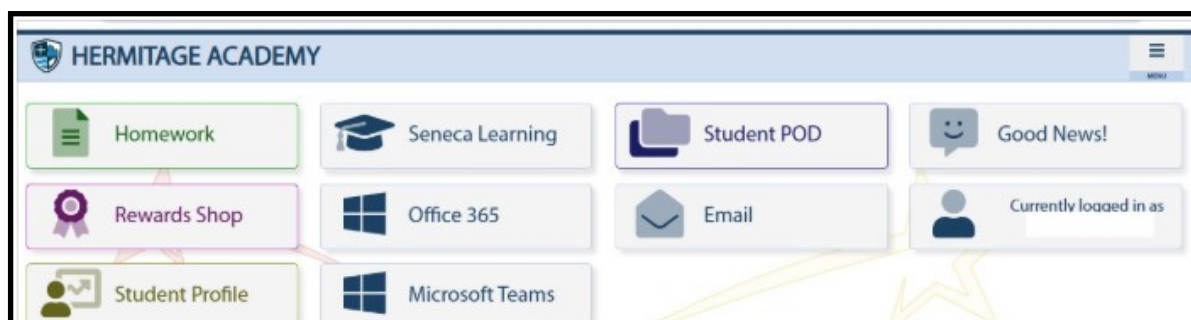
Being conscious of your...

- Interactions
- Manners
- Preparation
- Aspiration
- Curiosity, and
- Tolerance...can all have a big IMPACT on your behaviour and your successes around school.



Easi

EASI is the system we use in school, that has everything you need to know and access in one place, making it really 'easy' for you to get through your week in school. When you arrive, you will be given your own EASI login, where you can check how many positive points you have received, buy items from our reward shop, check your homework and also check if you have been given any consequences or detentions. You can also access Office365, your school email, Student Pod and Teams - all important programs that you will need for school and homework. You will receive a login and a password that both you and your parents can use.



Rewards

We LOVE celebrating success, and we reward students with house points and other prizes. We regularly hand out house points in and out of lessons, for great teamwork, going above and beyond, bravery and high quality homework, amongst others. In fact there are TWELVE categories where you can score points!

As well as house points, we award postcards, certificates and lapel pins. We celebrate success every week in our assemblies, and we have a huge celebration assembly at the end of the Autumn and Summer terms. We do regular shout outs on social media, and you can cash in your points for stationery, queue-jump passes and free food!

In addition, we hold a termly 'Culture Vultures' challenge to all students, where you can choose a range of tasks to complete, allowing you to broaden your knowledge on topics not normally covered in subject lessons.



Houses

The house system is about encouraging you to be your best and work towards excellence in all that you do. Every house point earned by you goes into your house grand total. We love the spirit of competition and it is always exciting to see which house has won the competition each term!

Each house is named after a quality we aim to embody: Ambition, Evolution, Synergy and Integrity. You will be placed into a house within the first half-term of Year 7. Regardless of what house you are placed in, we want you to excel and exemplify all of the traits that your house holds.



World Ready

World Ready is an additional lesson to your usual subjects. Your form tutor will deliver this lesson on a Monday morning, and at the end of every week we will revisit some of the topics to help you remember the content and consolidate your learning.

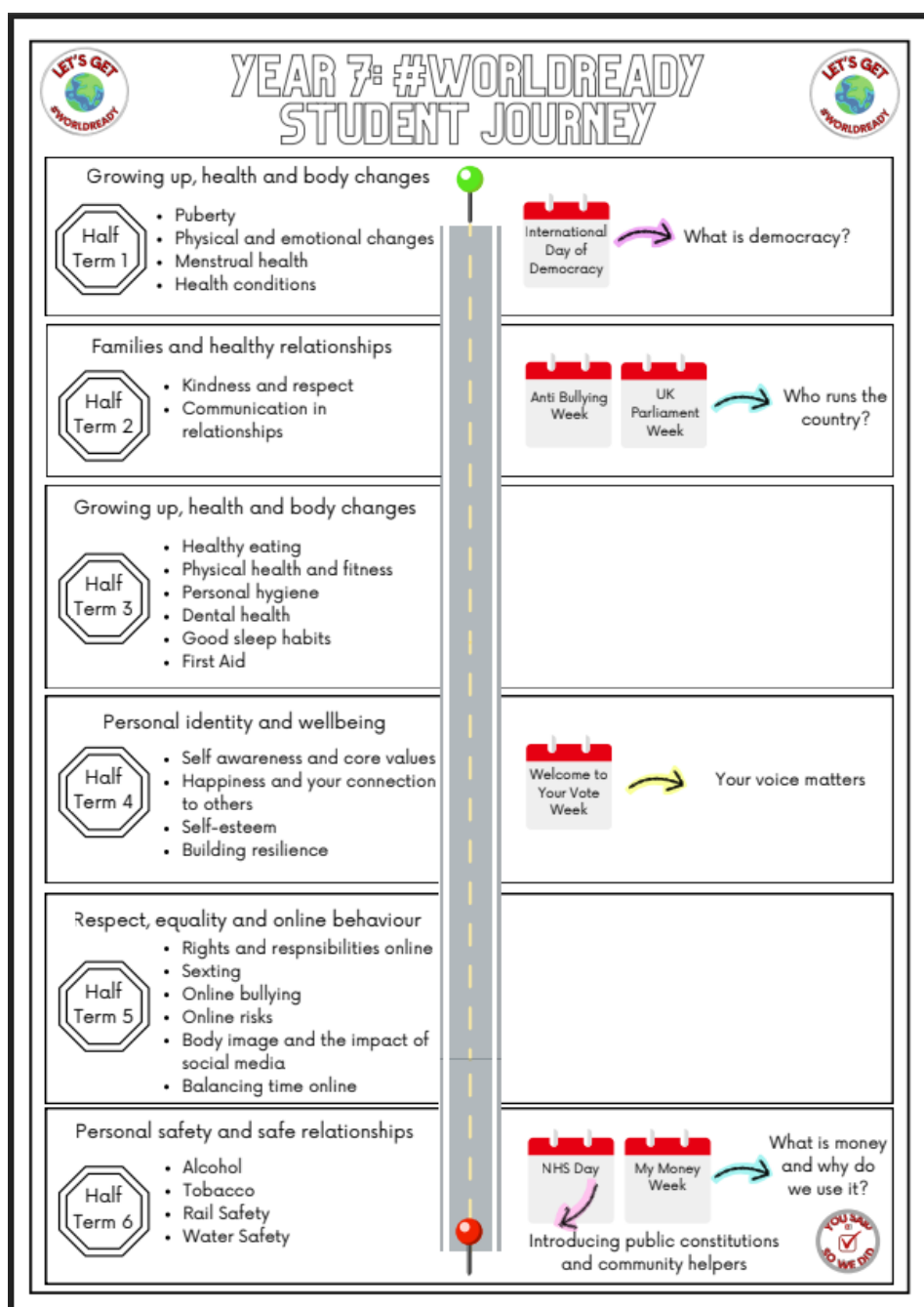
We study topics such as British Values, healthy relationships, how our body changes, being safe both online and offline, leading a healthy lifestyle and effective revision strategies.

We also look at topics not usually covered in other subjects, such as finance and money management, community topics and careers.

We do a lot of discussion and group work in World Ready, which will develop your confidence and allow you to demonstrate great leadership skills and teamwork.

You will have a workbook to write down your ideas and every topic will have a detailed knowledge organiser to work from.

This is what your year in World Ready will look like:



Uniform



Wearing your uniform correctly shows pride in yourself and your school. It helps create a positive environment where everyone feels equal and ready to learn. Being in full uniform also sets high expectations and helps you focus, feel confident, and make the most of every school day.

- Navy blazer, Navy V-neck jumper (optional) or cardigan with embroidered school badge, Navy tartan pleated skirt and School tie – only available from Emblematic
- Pale blue school shirt
- Plain navy straight cut trousers – available from Emblematic. Trousers must not have stripes and must not have any adornments or fashion zips. No combats, no jeans, no jeggings or leggings are permitted.
- Plain navy formal knee length shorts, of the same material as school trousers, during the summer term. No jeans, cargo style, leggings, stretchy or tracksuit style. PE shorts, in all styles are not allowed.
- Plain black, formal, leather or leather style shoes which can be polished. No trainers, plimsolls, pumps, boots or converse shoes.
- Socks must be navy, black or dark grey. They must be ankle socks or longer. Trainer liners are not permitted.
- Tights must be plain navy, black or grey.

PE Kit:

- Sector polo, Sector panel shorts and/or skirt and/or cuffed tracksuit pants and/or leggings, Knee high navy sports socks - only available from Emblematic.
- Trainers must be worn in PE lessons.
Plimsolls, Converse, or canvas type shoes are not suitable. Students are advised to wear football boots for football and rugby. Optional items are available and can be viewed on the website.

General Appearance:

- Makeup should not be visible.
- False eyelashes are not to be worn.
- Nails are not to be painted and false nails are not to be worn.
- Haircuts should not be less than a 1
- Students are not permitted to have tram lines or sculptures in their hair or any extreme hairstyles.
- Students should not dye their hair an unnatural colour

Jewellery:

- Students are allowed to wear one plain stud in each earlobe. No other jewellery is permitted (other than a wrist watch).

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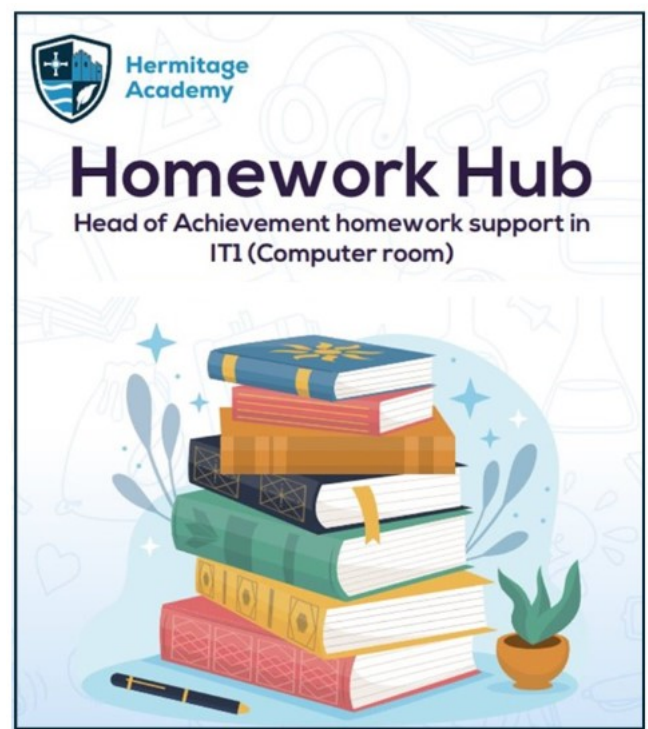
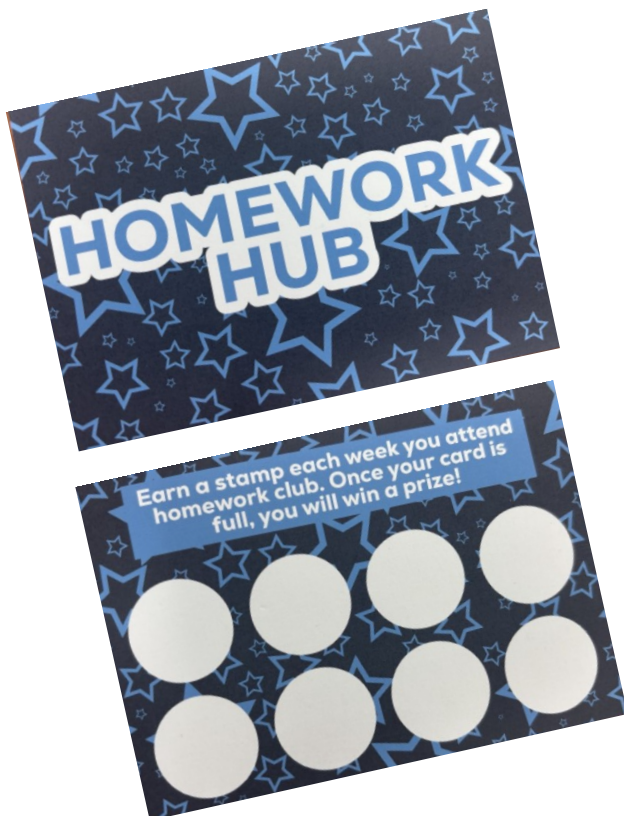
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Jewellery	• Students are allowed to wear one plain stud in each earlobe. No

POD

Hermitage has a virtual learning environment called Student POD. Student POD has all the information about the subjects you study including knowledge organisers, topic resources and helpful tools and information for revision. You can Student POD either by logging on to the Hermitage Academy website homepage, or directly through your EASI account.

Homework Hub

Homework Hub is a great opportunity to complete homework and gain support with organisation, which is ran by the Heads of Achievement. This is an excellent space for students to complete their homework while also collaborating with friends in a supportive and positive environment. Students are rewarded for attending with House Points and the Homework Hub loyalty card, which upon completion, earns you 10 additional house points and your choice of a queue jump or break-time snack pass!





Hints & tips

We want you to be ready for everything that a new school will bring. To prepare you for September, here are some hints and tips for success in the big school:

- Buy an alarm clock. School starts when the bell goes at 8.30am. You must be on school site no later than 8:25am.
- Work out your route to school, whether you are walking or taking public transport.
- Practise until you are confident and time yourself. If you intend to walk with friends, try out the route with them in the holidays.
- Always eat some breakfast. It is a long time until lunch. Breakfast club in school starts at 7:45am.
- If you need a bus pass, make sure you apply for it in plenty of time; it may take a couple of weeks to come through, so don't leave it until the end of the holidays.
- Buy a big, strong bag. And bring it everyday.
- Don't call it 'playtime' – it's 'break' now.
- Find out where the toilets are, where your form room is, and the offices of your Year Manager and Head of Achievement.
- Remember the 'buddies' who helped you on the Transition days – they would be good to find and befriend in the first week of school. You will see more of the buddies in September as they will help within your form class in the first few weeks in September.





- When you are given your timetable, make at least three copies: one for your bag, one for your pocket and a spare for home. The copy for home will help you organise your bag for the next day.
- Use the night before school to pack your things for the next day. Mornings can be chaotic, so put your clothes in an easy-to-reach pile and your bag at the front door. Make sure you have your equipment in your bag too. Look on the next page for a helpful checklist.
- Use a document wallet or a folder to keep homework sheets in.
- Never be afraid to ask for help if you are not sure where to go. The older students may look intimidating, but they will be happy to help you out.
- At lesson changeover, stick with someone who knows where they are going. For the first half term you will be travelling together with your form group, so there is less chance you will get lost.
- Be polite. Say please and thank you. Hold doors open for people. Clear up your own mess. Place rubbish in the bin. Compliment others – saying one kind thing can make someone else's day and in turn make you happy too.
- Take responsibility for your actions. Everybody can make a mistake. If you are honest then we can help you fix it.
- We want to see how brilliant you are – make it your business to collect as many positive points as you can. They can mean prizes!

Smile and enjoy every moment of your new life chapter!

Daily Checklist

Night Before

- ☐ Easi checked and Homework completed
- ☐ Check your school email for any important messages
- ☐ Timetable checked - PE Kit prepared if needed
- ☐ Uniform checked and prepared
- ☐ Shoes cleaned
- ☐ Packed lunch made (if needed) and snacks organised
- ☐ Equipment (full pencil case) and homework folder in bag
- ☐ 20 minutes of relaxation, such as reading, before bed

Morning Checks

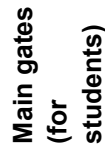
- ☐ Uniform on
- ☐ Breakfast eaten
- ☐ Teeth brushed
- ☐ Packed lunch in bag
- ☐ Break time snack in bag
- ☐ Water bottle full and in bag
- ☐ Double check equipment (pencil case and homework folder) and PE kit in bag (If needed)
- ☐ Bus money safe in bag (if needed)
- ☐ House key and mobile phone in bag and switched off

Consider making your own personalised checklist that you can place on your fridge or bedroom wall, to help you to remember what do to each day and stay organised!

	SCIENCE DEPT.		COMMUNAL GRASS
	MATHS DEPT.		DRAMA DEPT.
	CR1/2.		P.E DEPT.
	OFFICE/SHARED SPACES		HUMANITIES DEPT.
	ART/PHOTOGRAPHY DEPT.		ENGLISH DEPT.
	LANGUAGES DEPT.		BUSINESS/IT DEPT.
	R.E DEPT.		TECHNOLOGY DEPT.
	SIXTH FORM BLOCK		MUSIC DEPT.



North East
Learning Trust



~~Main gates
(for vehicles)~~