



Curriculum *Newsletter*

HEALTH & SOCIAL CARE

Health and Social Care is part of everyone's life, looking at what makes us healthy and how to look after our wellbeing. The subject helps students gain an understanding of how best to help and support those who need it the most. The subject content covers how people grow and develop throughout various life stages and the support that can be put into place if anything becomes a barrier to development. Students learn about the varying needs of individuals throughout their lives and the roles of the various organisations available to support such needs, such as the National Health Service (NHS). We study people of all ages and abilities, ranging from infants through to the elderly, identifying the changes they go through and what they need in order to develop holistically. This subject leads to a variety of career opportunities, including, but not limited to, over 350 different careers within the NHS.

Curriculum intent

Health and Social Care is part of everyone's life, looking at what makes us healthy and how to look after our wellbeing. The curriculum we offer helps students gain a knowledge and understanding of how best to help and support those who need it the most. The subject content allows students to understand how people grow and develop throughout their various life stages and the support that can be put into place if anything becomes a barrier to this development.

Students learn about the varying needs of individuals throughout their lives and the roles of the various organisations available to support such needs, for example, the National Health Service. This is done through the study of individuals known by the students themselves and/or the study of people in the media. The study of celebrities makes this interesting and engaging and comparisons, assessment and

evaluation can be made using a range of written media and documentaries. We constantly adapt and update examples to reflect current affairs, carefully selecting suitable content for the age, ability and maturity of the students. Care and compassion need to be *felt* and not just taught as theory, therefore we do not shy away from difficult situations in the media and in life around us, as such we hope to build empathy and resilience in our learners and a mature attitude to address the needs of the individual being studied.

We study people of all ages and abilities, ranging from infants through to old age identifying the changes they go through and what they need in order to develop holistically. Students are encouraged to self-assess with the premise that looking after themselves first enables them in turn to look after others, and they learn the importance of a healthy balance of advice, guidance and choice.

At the heart of Health and Social Care is the service user and the 7 NHS Care Values. These values are government guidelines and are taught, revisited and developed in every component of study. Students learn what the care values involve and how to apply them. They need to know, apply and be able to demonstrate each of these in scenarios both in role play and in written accounts. Ideally these will also be demonstrated in extracurricular activities and work experience and are necessary skills for students progressing into a care profession. These skills are specifically important to care roles including, but not limited to – doctor, nurse, paramedic, midwife, social worker, occupational therapist, physiotherapist, teacher and childcare worker. However, care values also apply to informal care, looking after family and friends is a vital role that most people find themselves participating in to varying extents throughout their life. As such, Health and Social Care is beneficial to all students and our intent is

to help develop the students' life skills and ability to look after themselves and others.

Key Stage 4 Curriculum

L2 BTEC TECH AWARD

Pearson L2 BTEC Tech Award in Health and Social Care comprises of three components.

Components one and two are assessed by coursework and will be undertaken in Year 10. Component three is externally assessed and is the focus in Year 11.

Year 10 coursework components focus on:

Learners will complete 2 PSAs which focus on the following:

- human growth and development, how people deal with major life events, health and social care services.
- How events and factors can impact on an individual's physical, intellectual, emotional and social development, linking with how people cope.
- the student's development and application of skills such as: practical demonstration of care values, together with the ability to reflect on own performance.
- reflective practice through the development of skills and techniques that allow learners to respond to feedback and identify areas for improvement.

Year 11 examination component: Learners will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan.

- What being "healthy" really means.
- Factors that can have a positive or negative influence on a person's health and wellbeing.
- How to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term targets.
- The difficulties an individual may face when trying to make these changes.

Throughout the course students will develop skills in analysing information and communicating for a specific purpose, which will support their progression to Level 3 vocational or academic qualifications.

Key Stage 5 Curriculum

Health and Social Care is perfect for those who want to work with people, especially in the NHS, care professions or public services. This L3 qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

Pearson/Edexcel BTEC Level 3 National in Health and Social Care (Equivalent to one A Level)

Health and Social Care is split into 4 topics units. Two externally assessed (exams) and two internally assessed (coursework)

Year 12:

Unit 1 – Exam - Human Lifespan development.

This adds to students' knowledge at Level 2 adding theorists and evaluating their findings.

Unit 5 – Coursework - Meeting Individual Care & Support Needs. Using given case studies students show their response to the individual's care needs.

Year 13:

Unit 2 – Exam - Working in Health and Social Care.

This is the study of care roles and professions along with professional responsibilities and duty of care.

Unit 14 – Coursework - Physiological Disorders and their Care – Students choose two physiological disorders and create a treatment plan for an individual with one of the conditions. Health and social care is part of everyone's life, looking at what makes us healthy and how to look after ourselves and others plays a fundamental part in the wellbeing of society. The course helps students gain an understanding of how to best help and support those who need it the most. The course content revolves around person

centred care, learning how to treat individuals with dignity and respect while delivering the best quality care. This is covered through 4 differing units, the balance examination and coursework is

beneficial to a range of learning styles and preferences.

Studying health and social care can open doors ...

There is currently a national shortage of qualified professionals in our care system, so this is a perfect time to embark on a career in the care industry. Some of the most popular areas that our students progress onto are - Nursing, Primary Education, Social Work, Counselling or Sports Studies and Development. Students find this course incredibly rewarding as understanding how to help others can be applied to several future professions and personal experiences. The content is beneficial to the student's life, both personally and for future career options.

Past students, who keep in touch and are willing to come in and share their careers experiences include - Social Worker, Nurse, Occupational Therapist, Midwife, Health Visitor and Child protection worker.