



**Hermitage
Academy**

**How can I help my
child revise?**



**An introduction to
the KS3 Revise Wise
programme**

Why Revision Matters

Revision is a vital part of the learning process that helps students consolidate their knowledge, identify gaps in understanding, and build confidence ahead of assessments. It encourages active recall, improves long-term memory, and allows students to practise applying what they've learned in different contexts. Regular revision also reduces stress by making exam preparation more manageable and helps students develop independent study habits that will benefit them throughout their education and beyond.

What is Revise Wise?

Revise Wise is a programme of study which is integrated into the World Ready curriculum. It is designed to help your child understand the best ways to revise. Consolidating learning is a fundamental skill and this is as important outside of the classroom as it is inside. The Revise Wise programme looks to build confidence around key revision strategies so that students can support their long-term memory and retrieval of key information.

This half term, we are focussing on 5 main revision strategies. These are:

1. Flashcards
2. Revision Clocks
3. Mind-maps
4. Foldables
5. Loci Memory Palace

The purpose of this booklet is to give you a summary of each strategy and some top tips of how you can support your child with these revision strategies at home.

Using flashcards effectively

Students really enjoying organising key information onto colour flashcards. Here are the best ways to structure flashcards:

Front of Flashcard

- ✓ Topic/ Theme/ Key Word or Quotation
- ✓ You can add an image for to help you remember.
- ✓ Our brains remember images before words!

Back of Flashcard

On the back of the flashcard, you could use bullet points to summarise the key ideas linked to the topic on the front.

OR

Write down questions connected to the word/quotation on the front. This is even better because the brain must work hard to retrieve information therefore this helps the knowledge stick!

How can you help?

Once your child has made their flashcards, test them on the key information. You could use either side of the flashcard to ask your child questions linked to the content.

Using Revision Clocks effectively

A **revision clock** is a highly effective and visual way to structure revision, especially for students who benefit from time management and breaking tasks into manageable chunks. It divides an hour into 12 five-minute segments, each focusing on a different aspect of a topic or subject.

How to structure a Revision Clock

- ✓ Place the main topic in the centre of the clock.
- ✓ Plan each section linked to the central topic.
- ✓ Give each section a clear title, key words and include key facts.
- ✓ Add images! This is called **dual coding** and really promotes a shift to long term memory.
- ✓ Use colour – the brighter the better.

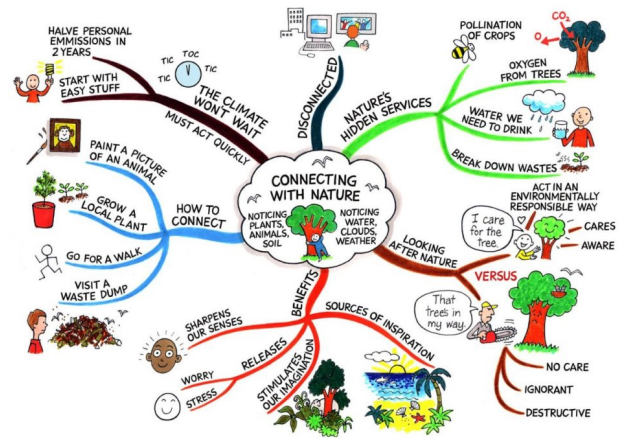
How can you help? Look, say, cover, write!

- ✓ Read the revision clock through with your child. Encourage them to read the content out loud to you.
- ✓ Cover the content up using a piece of paper and ask your child to write down what you can remember. Check what they have missed and try again.
- ✓ Have blank revision clocks to hand and eventually your child will be able to recreate the whole revision clock from memory.

Using Mind-Maps effectively

Mind maps are an effective revision strategy because they help students visually organise information in a way that mirrors how the brain naturally processes and connects ideas.

By placing a central topic in the middle and branching out into related subtopics, students can see relationships between concepts, which aids understanding and memory retention.



How to structure a Mind-Map

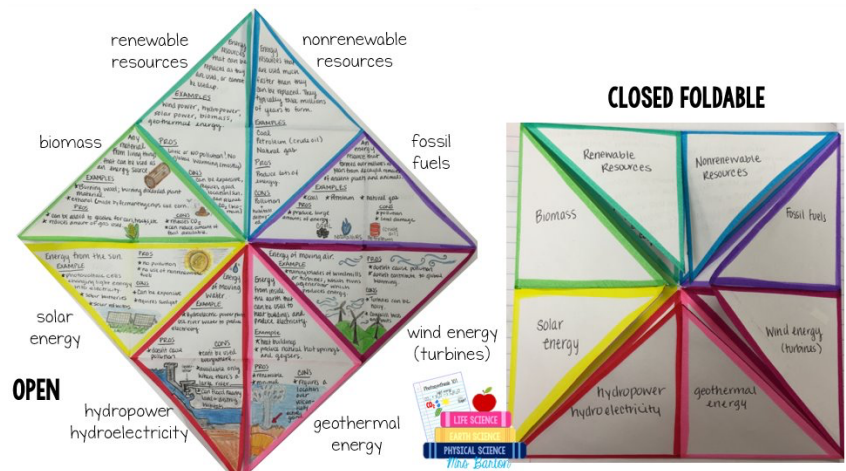
- ✓ Layout is very important. Put the main topic at the centre of the mind-map.
- ✓ As seen in the image above, the branches off the central image are sub-headings.
- ✓ Branches can then come off the sub-headings which can be the key words linked.
- ✓ Encourage your child to use CAPITAL LETTERS along the branches and not at the end. When we use capital letters the brain has to work a little bit harder, and this is good for strengthening the neural pathways.
- ✓ Use colours – the brighter the better.

How can you help? Look, say, cover, write!

- ✓ In a similar way to revision clocks, use each section of the mind-map to test your child.
- ✓ Read the mind-map through with your child. Encourage them to read the content out loud to you.
- ✓ Cover the content up using a piece of paper and ask your child to write down what you can remember from that section. Check what they have missed and try again.
- ✓ Have blank paper to hand and eventually your child will be able to recreate the whole mind-map from memory.

Using revision foldables effectively

Foldables are a hands-on, interactive revision tool that help students organise and retain information in a fun and engaging way. By physically creating and manipulating foldables — such as flaps, tabs, or layered booklets — students actively process content, which boosts memory and understanding.



How to structure a revision foldable

- ✓ There are many different types of foldable. The easiest size paper to use is A3 or A4.
- ✓ You can create a foldable like the one above or a more straight forward rectangular shape. The key is the information is placed behind doors. On the front of the door is a key word, behind it is the definition, explanation, quotation – whatever is needed!
- ✓ When all the doors are closed, this is when the information should be recalled.

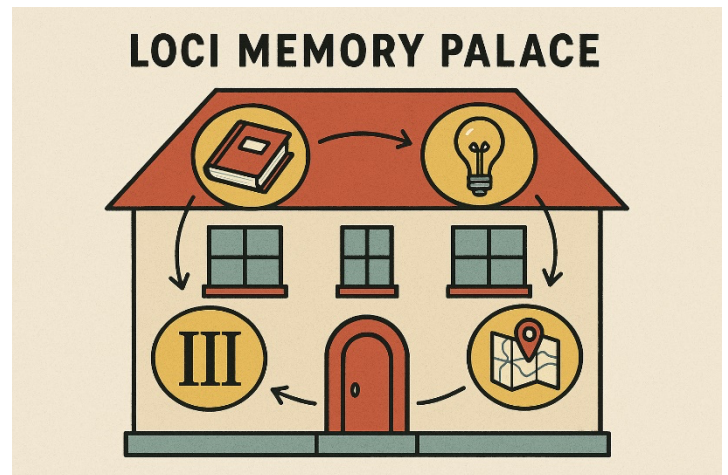
How can you help? Look, say, cover, write!

- ✓ Help your child make their foldable – get creative!
- ✓ Test your child on what is behind the different doors. You could also open all the doors and ask your child what the key words is relating to the definition behind it.
- ✓ Work your way around the foldable, chunk up the different sections on different days to allow the brain to process and store the information.

Using Loci Memory Palace effectively

The loci method, also known as the memory palace, is a powerful revision technique because it taps into the brain's natural ability to remember locations and visual imagery. By mentally placing pieces of

information in specific, familiar locations — like rooms in a house or landmarks on a walk — students create strong mental associations that make recall easier and more vivid.



A step-by-step guide to memory palace

- 1. Choose a well-known place:** Your 'memory palace' could be a house, a classroom, or even a walking route.
- 2. Visualise the place:** Student should imagine walking through this place in their mind. They should picture every room, corner, and object clearly.
- 3. Place information in different spots:** When walking through the memory palace, students should place the information they need to remember in specific locations.
- 4. Use vivid images:** Make the information stand out by using bright colours, funny images, or anything that makes it memorable. The crazier, the better!

How can you help?

- ✓ **Practice walking** through the memory palace with your child: encourage your child to regularly walk the memory palace in their head recalling the information they've placed in each spot. Ask them to tell you about it and describe it.