

## Why is reading for pleasure important?

Research shows that regular reading:

- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.
- aids in sleep readiness.
- reduces **stress**.
- lowers blood pressure and heart rate.
- fights depression symptoms.

# Year 7 Autumn Wider Term Reading List

If you cannot stay away from your phone for too long, but still want to read, check out:

[Ebooks, eaudiobooks, emagazines, enewspapers and ecomics - Durham County Council](#)

You can register online to Durham County Council library and use your card at any local library. This registration will also allow you to download and read **FREE** ebooks, eaudiobooks, enewspapers and ecomics.

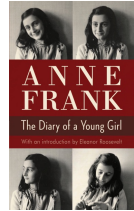
<https://openlibrary.org/> Register with your school email address; subscribe and choose ANY book to read!



**The Dark is Rising**  
by Susan Cooper



**The Call of the Wild**  
by Jack London



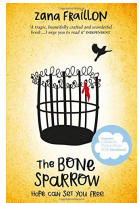
**The Diary of a Young Girl**  
by Anne Frank



**Minders**  
by Diana Hendry



**The Island at the end of Everything**  
by Kiran Millwood Hargrave



**The Bone Sparrow**  
by Zana Fraillon



**Boy and Going Solo**  
by Roald Dahl



**Wolf**  
by Gillian Cross



**Beowulf**



**The Weirdstone of Brisingamen**  
by Alan Garner

Here are a range of fun activities you can do to accompany your reading. Choose as many as you like to complete (but try at least one per week)

Record yourself reading the book aloud. Think carefully about tone, speed, and different voices for the characters.	Talk to your family about their favourite books. What did they read? Are their tastes different to yours?	Create a thought bubble outlining the character's thoughts, feelings, opinions and ideas at an important part of the novel	Your book is to be made into a film. Write the pitch to the producer and create the film poster
Click to any page and write down the five most interesting words on that page. Find out their meanings and create new sentences.	Redesign the book cover and the blurb	Make a model of your favourite character. Choose materials you have at home already.	Find a "hole" in the story where the character disappears for a time and describe what they do when we can't see them.

If you manage to read all of these books, let Mrs Morrison know and you could be in the chance of winning a reading champion prize!