Why is reading for pleasure important?

Research shows that regular reading:

- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.

- aids in sleep readiness.
- reduces stress.
- lowers blood pressure and heart rate.
- fights depression symptoms.



Girl 15 Charming but Insane by Sue Limb



7 Days by Eve **Ainsworth**



Lockwood & Co: The **Screaming Staircase** by **Jonathan** Stroud



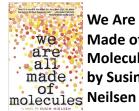
Shiver by Maggie Stiefvater



Monster Slayer By Brian Patten



A Kestral for a Knave by Barry Hines



We Are All Made of **Molecules** by Susin



The Clockwork Crow by Catherine **Fisher**



Nobody Saw No One By Steve Tasane



Embassy of the Dead by Will Mabbitt

Here are a range of fun activities you can do to accompany your reading. Choose as many as you like to complete (but try at least one per week) Record yourself reading the book Talk to your family about their Create a thought bubble outlining Your book is to be made into a film. aloud. Think carefully about tone, favourite books. What did they the character's thoughts, feelings, Write the pitch to the producer and speed, and different voices for the opinions and ideas at an important read? Are their tastes different to create the film poster part of the novel characters. yours? Make a model of your favourite Find a "hole" in the story where the Flick to any page and write down Redesign the book cover and the character. Choose materials you character disappears for a time and the five most interesting words on blurb that page. Find out their meanings have at home already. describe what they do when we and create new sentences. can't see them.

If you manage to read all of these books, let Mrs Morrison know and you could be in the chance of winning a reading champion prize!

Year 8 Summer Wider **Reading List**

If you cannot stay away from your phone for too long, but still want to read, check out:

Ebooks, eaudiobooks, emagazines, enewspapers and ecomics - Durham County Council

You can register online to **Durham County Council** library and use your card at any local library. This registration will also allow you to download and read FREE ebooks, eaudiobooks, enewspapers and ecomics.

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