

## Why is reading for pleasure important?

Research shows that regular reading:

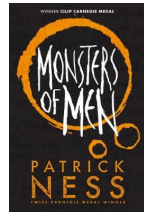
- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.
- aids in sleep readiness.
- reduces **stress**.
- lowers blood pressure and heart rate.
- fights depression symptoms.

# Year 9

# Spring

# Wider

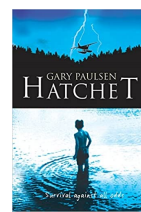
## Reading List



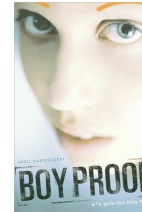
**Monsters of Men** by Patrick Ness



**Maladapted** by Richard Kurti



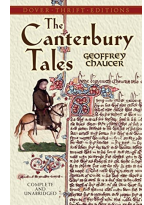
**Hatchet** by Gary Paulsen



**Boy Proof** by Cecil Castellucci



**Are you there, God? It's me, Margaret** by Judy Blume



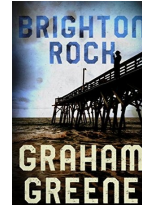
**The Canterbury Tales** by Geoffrey Chaucer



**Amnesia Clinic** by James Scudamore



**Brave New World** by Aldous Huxley



**Brighton Rock** by Graham Greene



**The Catcher in the Rye** by J.D. Salinger

Here are a range of fun activities you can do to accompany your reading. Choose as many as you like to complete (but try at least one per week)

Record yourself reading the book aloud. Think carefully about tone, speed, and different voices for the characters.	Talk to your family about their favourite books. What did they read? Are their tastes different to yours?	Create a thought bubble outlining the character's thoughts, feelings, opinions and ideas at an important part of the novel	Your book is to be made into a film. Write the pitch to the producer and create the film poster
Flick to any page and write down the five most interesting words on that page. Find out their meanings and create new sentences.	Redesign the book cover and the blurb	Make a model of your favourite character. Choose materials you have at home already.	Find a "hole" in the story where the character disappears for a time and describe what they do when we can't see them.

If you manage to read all of these books, let Mrs Morrison know and you could be in the chance of winning a reading champion prize!

If you cannot stay away from your phone for too long, but still want to read, check out:

[Ebooks, audiobooks, emagazines, newspapers and ecomics - Durham County Council](#)

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