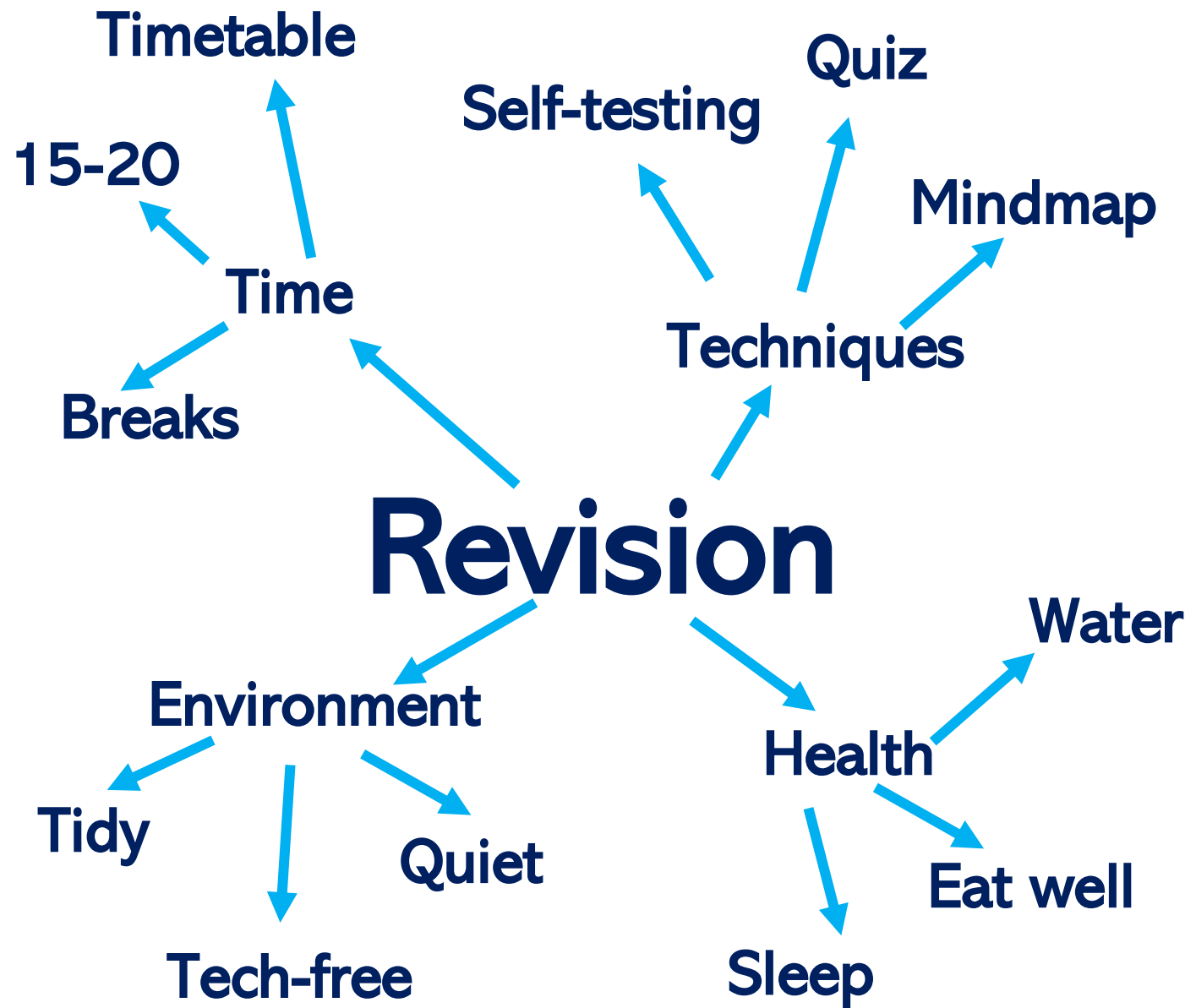




HERMITAGE ACADEMY



A Parent's Guide

Helping your child to
exam success

Top Revision Strategies

Look, Cover, Write, Check

1. Look at the information. Be realistic and make this a manageable amount.
2. Cover up the information. Making your brain work hard to retrieve it.
3. Write down any information from memory.
4. Check it. Did you get it right? What is missing? Repeat if necessary.

1

Mind-Mapping From Memory

1. Read the information. Be realistic and make this a manageable amount.
2. “Mind Map” the information you can remember – from memory.
3. Check the content of your mind map against the original information.
4. Alternative option: Create a poster with images and texts from memory.
Pop the poster on your wall. **Creative revision!**

2

Spider Diagram From Memory

1. Write a main point or exam question in the centre of the diagram.
2. “Spider Diagram” – write key points around the outside from memory.
3. Check the content of your diagram against the original information.

3

Read, Touch, Hear, Speak

1. Read the information – remember to use a manageable amount.
2. Touch - write the details on one side of a piece a card, and the key words on the other.
3. Hear it - say the information or ask someone to read it to you.
4. Say it - ask yourself the question and then talk through the answer.

4

Question Cards

1. Write a revision question and a keyword to jog your memory on one side.
On the other side write the correct answer.
2. Answer the questions from memory, flip the card and check your answer.
3. If correct, put to one side. If wrong, place to bottom of the pile.

5

Read And Quiz

1. Look at the information. Be realistic and make this a manageable amount.
2. As you read, write the questions about the content on a separate piece of paper.
3. Look at your questions and write the answers from memory.
4. Check your answers – how did you do?

6

Remember: Time + Effort = Success

Scattergories

1. Choose a text you need to revise. Read the information carefully.
2. Write revision questions on a card. Write points to jog your memory on the other.
3. Ask someone to ask you the questions and tell them your answer.
4. Get them to tick off the bullet points which you have mentioned as you go.

Roman Room

1. Choose a room in your house and pick out items such as a chair, mirror or TV.
2. Assign a fact/piece of information to each item. Write the fact to be learned onto a piece of paper or post it note and attach to each item.
3. Move around the room removing each piece of information you have placed and say the information from memory.

Top Tips

Some Simple dos and don'ts



...TEST YOURSELF!

Testing yourself is one of the most effective ways to improve your ability to recall information. Testing yourself also highlights gaps in your knowledge. Practice exam papers are a great starting point, as well as testing yourself at the end of each revision session.



...GET PLENTY OF ZZZs

You are encouraged to work hard and revise a lot before exams; however, there comes a time when you need to stop and go to sleep. Knowing when can be tricky. Keep regular bedtimes. Get lots of rest. Ditch the tech in bed, that backlight will keep you up all night!



...EAT BREAKFAST

An estimated 27% of boys and 39% of girls skip breakfast some of all of the time. It's not called the most important meal of the day for nothing: research has found that skipping this meal significantly reduces students' attention and ability to recall information.



...GO HIGHLIGHTER CRAZY!!

Quite often, students end up highlighting whole chunks and passages of text, which can give the appearance of having worked hard, but research suggests it is of little value. You'll learn and recall information better if you connect it to other pieces of information.



...USE YOUR PHONE!

Evidence shows that if you spend more time texting and using social media, you'll get lower grades. Even the sight of your phone is enough to reduce your ability to focus. Give it to a parent while you are revising so there's no temptation for a sneaky peek!



...LISTEN TO MUSIC

If you study in a quiet environment, you'll be able to recall more than if you revise listening to music. Even those with an exceptional ability to control their attention, are not negatively affected as much; but it doesn't help. At best, it just doesn't hinder them as much as others.

