Why is reading for pleasure important?

Research shows that regular reading:

- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.

- aids in sleep readiness.
- reduces stress.
- lowers blood pressure and heart rate.

It's the End

fights depression symptoms.



Dodger by Terry Pratchett



Crongton Knights by Alex Wheatle



Barefoot on The Wind by Zoe Marriott



of the World and I'm in my Bathing suit by Justin Reynolds





Blood Red Snow White by Marcus Sedgwick





Splinters of
Sunshine by
Patrice
Lawrence



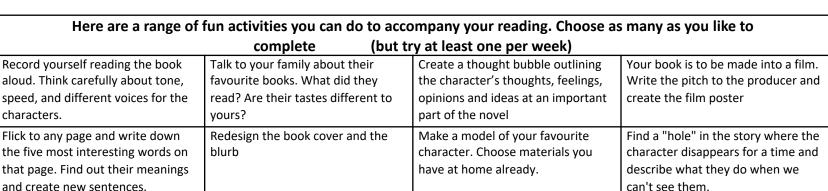
Alex As Well by Alyssa Brugman



Just Like Tomorrow By Faiza Guene



After the Snow by S D Crocket



If you manage to read all of these books, let Mrs Morrison know and you could be in the chance of winning a reading champion prize!

Year 9 Summer Wider Reading List

If you cannot stay away from your phone for too long, but still want to read, check out:

Ebooks, eaudiobooks, emagazines, enewspapers and ecomics - Durham County Council

You can register online to
Durham County Council
library and use your card at
any local library. This
registration will also allow
you to download and read
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enewspapers and ecomics.

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