

Menu week 1

Main course

Vegetarian

Dessert

Mon

Singapore
chicken
noodles

Cheese and
onion pasty

Warm
Apple
Crumble

Tues

Cottage
pie with
gravy

Vegetable
fajita wrap

Ginger cake
and
custard

Wed

Roast pork
dinner

Quorn
tikka
curry

Chocolate
crunch

Thurs

Homemade
Beef
lasagna

Buttered
Jacket
potato

Iced lemon
cake

Fri

Southern
fried crispy
chicken

Vegetable
spring rolls
with curry
sauce

Fresh fruit
salad

All meals come with a choice of vegetables or salad.

Also available a selection of cold sandwiches